

Fitness Class Add/Request Form

Proposed Class Name: _____

Proposed Class Day/time: _____

Length of Class: _____

Does this class interfere with another class on this month's fitness schedule? YES or NO

If you are unable to teach this class, do you have someone in mind that would fill in for you? YES or NO

Class Description: (a brief summary of what type of workout it is, what equipment you utilize during class, etc.)

Instructor Information: (list your experience, background, qualifications, any certifications you hold)

Why do you think our facility would benefit from this class?

Your Name: _____ **Phone:** _____

Email: _____ **Today's Date:** _____

*If your class proposal is accepted, your class will get added to the next month's schedule. If you are unable to teach your class, you are responsible for finding your own sub, or letting Maggie know to cancel the class (least preferred). If class is canceled more than once per month, we reserve the right to remove your class from the schedule and another teacher may teach at that time.