

## NWMO Little League 2020 Season Guidelines

Social distancing signs should be placed at ball field.

Hand sanitizer should be placed in all common areas off-field for easy use.

All individuals should measure their body temperature to ensure that no fever is present prior to participating or attending each Little League activity. Anyone with symptoms of fever, cough, or worsening respiratory symptoms, or any known exposure to a person with COVID-19 should not attend any Little League activity until cleared by a medical professional.

Players and coaches should take measures to prevent all but the essential contact necessary to play the game. This should include refraining from handshakes, high fives, fist/elbow bumps, chest bumps, group celebrations, etc. Little League International suggests lining up outside the dugout and tipping caps to the opposing team as a sign of good sportsmanship after a game.

Players and families should vacate the field/facility as soon as is reasonably possible after the conclusion of their game to minimize unnecessary contact with players, coaches, and spectators from the next game, ideally within 15 minutes.

Athletes, managers/coaches, and umpires should bring their own personal drinks to all team activities. Drinks should be labeled with the person's name.

There should be no use of shared or team beverages.

Teams should not share any snacks or food. Players should bring individual, pre-packaged food, if needed.

There can be 3 players in the dugout at a time, using social distancing practices.

Players are to stay at their assigned spots when on the bench or while waiting their turn to bat.

No personal player bat bags/equipment bags should be allowed in the dugout. Player equipment should be spaced accordingly outside the dugout to prevent direct contact.

Measures should be enacted to avoid, or minimize, equipment sharing when feasible.

Baseballs / Softballs should be rotated through on a regular basis, at least every two innings, to limit individual contact.

Sunflower seeds, gum, etc., should not be allowed in dugouts or on the playing field.

All players and coaches are to refrain from spitting at all times, including in dugout areas and on the playing field.

If possible, plate meetings should be eliminated.

Social distancing of six feet between individuals should be implemented during all pre-game plate meetings between teams and umpires.

Plate meetings should only consist of one manager or coach from each team, and game umpires.

No players should ever be a part of plate meetings.

Scorekeeping should be done by team coaches or team parent/guardian via GameChanger. Proper social distancing should be practiced.

If physically able, umpires are encouraged to wear cloth face coverings while umpiring.

Players/families/spectators are instructed not to show up to fields more than 40 minutes before game time.

If there is a game or practice prior to your event, families and spectators are encouraged to stay in their vehicles or at recommended social distances until the start of their game play to prevent overcrowding of spectator spaces and walkways.

All spectators should follow best social distancing practices — stay six feet away from individuals outside their household; avoid direct hand or other contact with players/managers/coaches during play.

A “one-in-one-out” policy, where only one individual is permitted within the restroom at one time, should be implemented to ensure adequate distancing in the confined restroom space.

Prior to and after any league activity, restrooms should be thoroughly cleaned and disinfected. Restrooms should be disinfected on a regular basis.

No food or concession sales should be allowed at facilities.

Families are encouraged to bring their own food/beverages.

Using social distancing and maintaining at least six feet between individuals in all areas of the park.

**\*\*Spectators should be limited to parents, siblings, and grandparents of players\*\***